

ACCOMMODATION

Hotel Las Palmeras is a 4 star hotel just a few meters far from the sea. A great place for hosting events and enjoying the soul of Andalucia in the heart of "la Costa del Sol".

www.hotel-laspalmeras.com

Accommodation fares (room + full board prices)

SINGLE ROOM: 75 EUR/per day

DOUBLE ROOM: 100 EUR/per day

TRIPLE ROOM: 135 EUR/per day

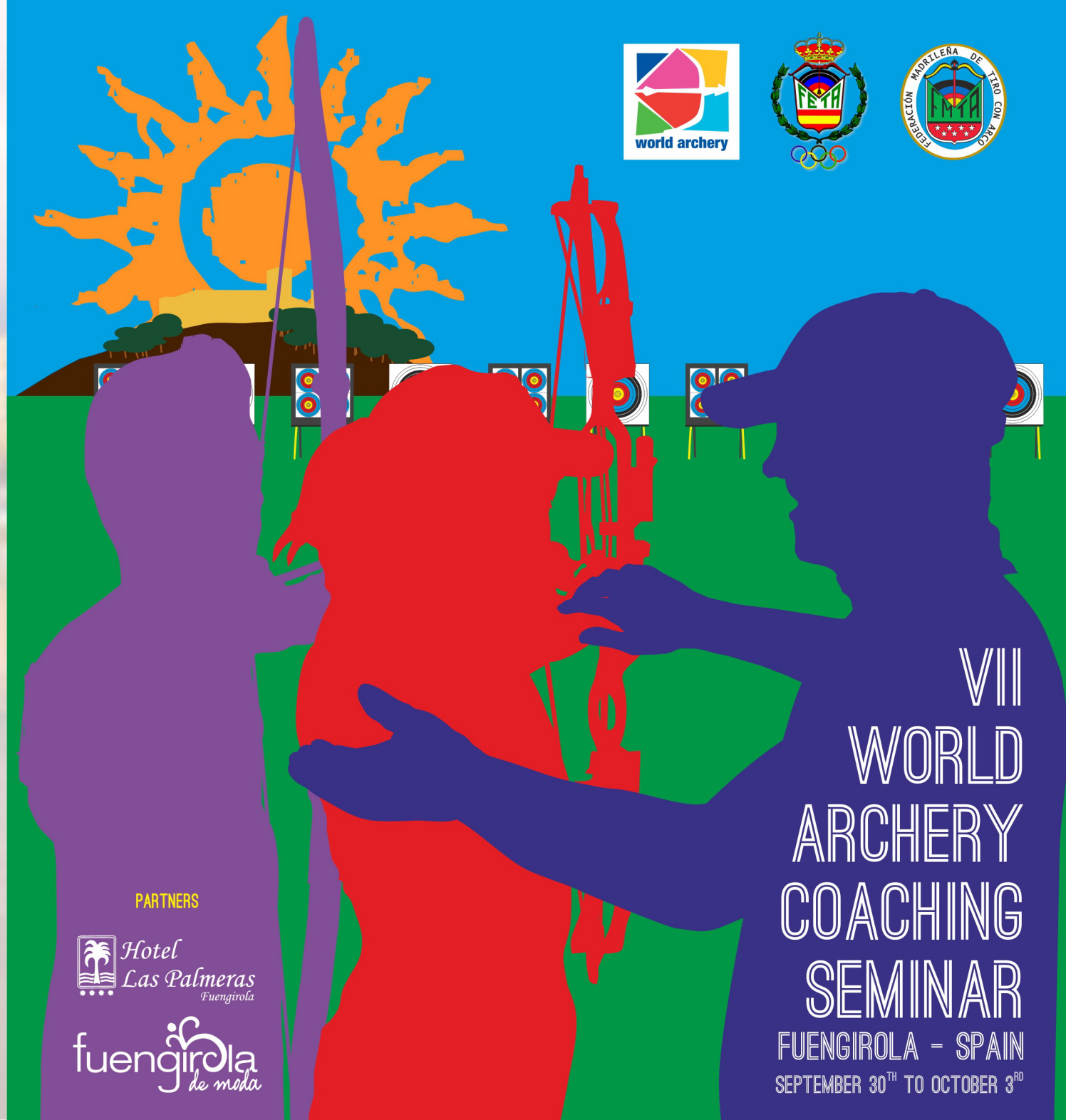


TRANSPORTATION

Official arrival points:

Malaga "Maria Zambrano" Main Train Station
(high speed train connections with Madrid, Barcelona, Valencia and Seville).

Malaga International Airport
(regular flights from 85 airports in 22 countries all over the world).



PARTNERS



VII
WORLD
ARCHERY
COACHING
SEMINAR
FUENGIROLA - SPAIN
SEPTEMBER 30TH TO OCTOBER 3RD

VII WORLD ARCHERY COACHING SEMINAR

World Archery, Spanish Archery Federation and Madrid Archery Federation are pleased to announce the 7th International Coaching Seminar, to be held from September 30th to October 3rd, 2015 in the sunny Fuengirola, 30km far from Malaga.

The International Coaching Seminar will give archery coaches an opportunity to share best practices and coaching techniques with their global counterparts, bringing the coaching community together to share best practices and experiences for the development of archery in your countries.

Besides participating in an interactive seminar and learning new skills, you will have the opportunity to discuss and exchange ideas with colleagues from all over the world without the distraction of a competition!

Join the 7th International Coaching Seminar.
See you in Fuengirola!!

Registration

Fee: EUR 200.- including: registration, transportation, social programme, goody bag and coffee breaks.

Registration Deadline: 31 August 2015.

Places: Unlimited.

Language: English and Spanish
(translation services provided).

Level: High level and intermediate.

Priority to: endorsed by the WA Member Association of the participants and prepaid ones.

LECTURERS

Pascal COLMAIRE (FRA)

WA Development and Education Director.

Juan Carlos HOLGADO (ESP)

Olympic Games Development Projects & WAEC Director.

Kisik LEE (KOR)

USA Archery Head Coach & Member of the WA Coaches Committee.

Pierre DELOCHE (FRA)

Top World Elite Compound Archer - Currently WA ranked #1.

HyungMok CHO (KOR)

Spanish Archery Federation National Team Coach

Me Jeong LEE (KOR)

Madrid Archery Federation and Aida Roman's Coach - Awarded as 2014 WA Best Coach.

Almudena GALLARDO (ESP)

Spanish Archery Federation Sports Manager former RW European Champion (2006) and Olympic Archer (2000, 2004).

Ignacio LÓPEZ (ESP)

Spanish Archery & Rowing Federation National Teams physiotherapist and fitness trainer.

María MARTÍNEZ (ESP)

Sports Psychologist Expert - Spanish Archery Federation Psychologist.

Francisco José GIMÉNEZ

WA Judge.

RESTAURANT OPENING TIMES

BREAKFAST: 7.30h. to 10.30h.

LUNCH: 13.00h. to 15.00h.

DINNER: 18.30h. to 21.30h.



PROGRAMME

Registration office will be open between

17.00h. - 19.00h September 29th

08.00h. - 09.00h September 30th

Day 0: Tuesday, September 29th

Participants arrivals

Day 1: Wednesday, September 30th

09.00h. - 10.30h.

-Opening by WA Coach Chair and P. COLMAIRE

-Introduction of the host National Archery

by A. GALLARDO

11.00h. - 12.30h.

-Development & Coaching + Questions

-WA Presentation by P. COLMAIRE

14.30 - 15.45h.

-Coach Experience / Preparation to Major Events

by Me Jeong LEE

16.00h. - 18.45h.

-Training and athletes preparation

by J.C. HOLGADO

Day 2: Thursday, October 1st

09.00h. - 12.30h.

-Psychology in archery by M. MARTÍNEZ

14.30h. - 18.45h.

-Sightseeing arranged by Host

Day 3: Friday, October 2nd

09.00h. - 12.30h.

-Physical preparation by I. LÓPEZ

14.30 - 15.45h.

-Recurve Technique by H. CHO

16.00h. - 18.45h.

-Training: Mental Injury by K. LEE

Day 4: Saturday, October 3rd

09.00h. - 12.30h.

-Compound Technique by P. DELOCHE

14.30 - 15.45h.

-Archery rules by F.J. GIMÉNEZ

16.00h. - 18.45h.

-Closing by WA Coach Chair and P. COLMAIRE

Day 5: Sunday, October 4th

Participants departures

Lunch breaks: Scheduled days 1 to 4 from 12.30h to 14.30h.